

**WHAT:** Purler Private Wrestling Camp

**WHEN**: 20-22 May 2020

**Wrestling Camp Schedule:**

20 May - 4:30 PM – 6:30 PM- Camp Check-in

20 May - 6:30 PM – 9:00 PM – Session 1

21 May – 8:30 AM - 12:00 PM- Session 2

21 May – 2:00 PM - 4:30 PM - Session 3

21 May – 6:30 PM – 9:00 PM - Session 4

1. May - 8:30 AM - 12:00 PM- Session 5

22 May - 2:00 PM - 4:30 PM - Session 6

\***Note-** Wrestler will need to bring Lunch and Water for each day. In addition, wrestler will need to have a change of clothes after each session.

**WHERE:** Hayfield Secondary HS - 7630 Telegraph Rd Alexandria VA 22315

**WHY:** The goal of Purler Wrestling’s Private Camps is to get your wrestlers training on the Purler system. The Private Team Camp is built on the Purler Wrestling Online Academy, and includes the same drill routines featured at

our Three Position Summer Wrestling Camp.

**WHO:** Ages 13 -18 years old with at least 2 years of experience

**Cost:** $150 Per Wrestler – Make Checks Payable to Hayfield Secondary HS Booster Club.

**USA Membership** – All wrestlers must have a USA Wrestling Card to participate in the wrestling camp.

**Point of Contact for Camp:** Coach Roy Hill and Coach Shannon Jackson

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